

NBW RIDE SCHEDULE

Last minute changes are announced via our website - nbwclub.org - and our email list - <http://groups.yahoo.com/group/nbwclub/>. Informal mid-week rides are also organized via the email list. In case of rain on Sundays, "show'n go" start (no starter, no maps) at 2 PM. "Show'n Go" ride repeats the following Saturday at the same time as first scheduled.

March 25, 2012

♥ **Lakeville Tour**

15/25/40 miles

Sunday 10:00 AM *Map No.* 47 *Arrower:* Mike Miller

Route Lakeville, Freetown, Acushnet, Rochester

Directions Start at Assawompset School, Rt. 105, Lakeville, MA. Take Rt. 44 E to Middleboro rotary, take a right on Rt. 18 for 4 miles to the traffic light at intersection of Rt. 18 and Rt. 105. Turn left, and the school is just ahead on your right.

Drive Time 40 minutes from Providence

Description Flat, easy ride along the cluster of ponds in the area between New Bedford and Middleboro. This ride is known for its cranberry bogs and lack of hills.

April 1, 2012

♥ **Killingly Tour**

17/35/47 miles

Sunday 10:00 AM *Map No.* 30 *Arrower:* Tony Rizzotti

Route Scituate, Foster, Gloucester, East Killingly

Directions Start at Ponagansett High School, Anan Wade Rd, Gloucester, RI. Take Route 6 W from I-295. Stay to the right when Rt. 6A forks off from Rt. 6. Go straight through light at Famous Pizza (on your left). At the fork where Rt. 6 splits from Rt. 101, stay to the right on 101. Turn right on Anan Wade Rd, two miles past the junction of Rts. 101 and 102. School is one mile on the left.

Drive Time 35 minutes from Providence

Description Some climbing on this ride, which explores the woods and farmlands at the western end of the state. Visit RI's highest point, Jerimoth Hill at 812 ft, and check out the oldest town hall in the US located in Foster.

April 8, 2012

♥ **Oneco Pond Ride**

17/31/41 miles

Sunday 10:00 AM *Map No.* 3 *Arrower:* Jim Dumont

Route Escoheag, Sterling, Oneco, West Greenwich

Directions NEW START: Sterling Memorial Library (formerly School), 1183 Plainfield Pike (Rt 14A), Sterling, CT. From Providence: Take Rt.6 West to Rt.295 South. Take Exit 4 Rt.14/Plainfield Pike and go West on Rt.14 for 19 miles (you'll cross the Scituate Reservoir - Rt.102 joins and leaves Rt.14 - stay on Rt.14). At the CT line bear Left at the fork on Rt.14A for 1 mile (don't miss this turn). Library/School is on the Left.

Drive Time

Description This is basically the old Beach Pond Ride, with a new start because RI closed off Beach Pond. Scenic, rural rides around the SW RI border and into CT. Expect some hills. Rt. 49 runs along Ekonk Hill, a high open ridge with superb views. Bob Paiva has extended this ride into the Plainfield CT area, with a short extension to Gibson Hill Road to include a food stop.

April 15, 2012

♥ **Barrington Ride**

15/30 miles

Sunday 10:00 AM *Map No.* 2 *Arrower:* Don Paiva

Route Barrington, Seekonk

Directions Start at Barrington High School in Barrington, RI. Take the Wampanoag Trail (Rt. 114) to Rt. 103. At the intersection of Rt. 103 and Federal, where there is a large white church on the left, turn right. The school is on your left after you make the turn.

Drive Time 20 minutes from Providence

Description This ride crosses the Barrington River and heads north into Seekonk along the Palmer River. Returning south to Barrington, we pass Barrington Beach, the Rhode Island Country Club, Nayatt Point, Echo Lake and Bullocks Cove. If you omit Rumstick Point, your mileage will be about 3 miles less.

April 22, 2012

Diamond Hill One

13/32/50 miles

Sunday 10:00 AM *Map No.* 129 *Arrower:* Rod Breault

Route Cumberland, Wrentham, Franklin, Norfolk, Medfield, MA

Directions Start at Diamond Hill Park on Diamond Hill Rd (Rt. 114) in Cumberland, RI. Directions: Take Rt 95 North, then Rt 295 South. Take Exit #11, Rt. 114, Cumberland. At the end of the ramp, go right onto Rt. 114 North (Diamond Hill Rd). Follow Diamond Hill Rd north, going straight through the first set of lights (Nate Whipple Highway). The Park is 1-1/2 miles on the right.

Drive Time 20 minutes from Providence

Description This ride travels north from Diamond Hill. The terrain is rolling-to-hilly as we pass by old farms in Wrentham on our way to Franklin. The long ride features a section of Medfield that is noteworthy for its beautiful houses. There is also an ice cream store across from the park (open in season).

April 29, 2012

BikeWorks Swansea Ride

16/26/50 miles

Sunday 10:00 AM *Map No.* 160 *Arrower:* Jim Berry

Route Swansea, Dighton, Freetown

Directions Start at parking lot in the Plaza behind BikeWorks cycle shop, 179 Swansea Mall Drive (Rt.118), Swansea, MA. Take Rt 195 East to Massachusetts exit #3 (Swansea Mall). Take Rt 6 East to Rt 118 North. BikeWorks is .4 mile on the right, just before the first set of lights. Turn right at the lights into shopping center parking, then go LEFT to the end of the parking lot; please park far away from stores.

Drive Time 15 minutes from Providence

Description A nice quiet ride, designed by BikeWorks and modified by NBW. The 16 mile ride is good for beginners, meandering through Swansea and Rehoboth. The 26 mile ride continues over to Dighton. The 50 mile ride crosses the Taunton River into Assonet, Lakeville and Berkley. Be sure to stop at the BikeWorks store after the ride for shopping and refreshments.

May 6, 2012

Bladi's Birthday Ride

26/57 miles

Sunday 10:00 AM *Map No.* 165 *Arrower:* Ed Holden

Route Lincoln, North Smithfield, Uxbridge

Directions Start at 9 Riverside Drive, Lincoln, RI. From Providence take Rt 146 N to Breakneck Hill Rd (Rt. 123). Take Right and go past Lincoln Woods State Park. Take Left on River Rd, then at 0.5 miles take Right onto Sprague Ave. Take Left on Grove, then Right on Willow Way. Bladi's house is at the corner of Riverside and Willow. Park on neighborhood streets; try to keep it orderly.

Drive Time 20 min.

Description Bladi is riding from Miami, Florida, and will time his arrival to Lincoln to meet as large a group as practical at the entrance to Lincoln Woods toward the end of the ride, to ride the mile or so back to his house. Bladi has invited anyone who wishes to attend to his house for his 60th birthday party at the end of the ride. There even might be some salsa dancing exhibitions going on. If you want to bring something to add to the party, please do.

May 13, 2012

♥ Westport

13/25/44/50 miles

Sunday 10:00 AM *Map No.* 111 *Arrower:* Kevin Mitchell

Route Westport, Dartmouth

Directions ALERT ... NEW START
Start at WESTPORT MIDDLE SCHOOL, 400 Old County Rd, Westport, MA. Take I-195 E through Fall River to Rt 88 South (Exit 10). Head south on Rt 88 for about 4 miles to Old County Road (traffic light intersection). Turn LEFT on Old County Rd. Middle School is on your left, about 1/4 mile, as you begin to go down the hill. Park to the rear left of the school.

Drive Time 30 minutes from Providence

Description This ride is considered to be one of the club's best, rolling down the Westport waterway to scenic Horseneck Beach. Easy riding past rural farms. 50 mile extension by Gil Peel.

May 20, 2012

♥ **Plymouth Century**

21/56/100 miles

Sunday 8:00 AM *Map No.* 122 *Arrower:* T. Rizzotti/J. Berry

Route Rehoboth, Taunton, Bridgewater, Plympton, Plymouth, Middleboro, Lakeville, Dighton

Directions Start at the Seekonk Towne Centre (Ann & Hope plaza) across from Tasca Lincoln/Mercury at the intersection of Rts. 114A and 44 in Seekonk, MA. Coming from Providence on I-195E, take the first exit after the Washington Bridge and follow Route 44 to Route 114A. (It's the first light after you cross into Seekonk.) The shopping center is on the left. Please park around the periphery of the parking lot first, then fill in towards the stores. DO NOT park in the bank lot or the Post Office lot. If we park around the periphery then fill in just 3 rows toward the stores there is near 120 parking spaces. Let's not aggravate the store owners.

Drive Time 10 minutes from Providence

Description First Century of the year! We get to Plymouth by traveling relatively flat terrain, through farmland and past cranberry bogs. Tourists could stop in Plymouth for a look at Plymouth Harbor and the Mayflower (if they have time!). The ride back takes us through the rolling hills of Miles Standish Park. The short loops of this ride are good rides for beginners.

100 mile riders start at 8:00 am, all other riders at 10:00 am

May 27, 2012

Ray Young's Ride

11/17/23/33/53

Sunday 10:00 AM *Map No.* 120 *Arrower:* Jan Harbutiak

Route Greenville, Chepachet, Pascoag

Directions ALERT ... NEW START ...
The ride will start from in back of the Anna McCabe Elementary School in Smithfield, on the track side. Please do not park all the way down the parking lot by the High School and Baseball Fields. The school is located at 100 Pleasant View Av, Smithfield RI. This is by the intersection of Route 116 (Pleasant View) and Route 5 (Cedar Swamp Rd). To get to the new start go to the old start (Rt 295 N to Rt 44 W, turn Right on Rt. 5), and continue 1 mile North on Rt5 (Cedar Swamp Rd), then sharp left onto RT 116 (Pleasant View Av), then enter right at the 2nd entrance for the school complex.

Drive Time 20 minutes from Providence

Description This ride, and Ray Young, are so famous that the ride is written up in Howard Stone's book, "Short Bike Rides in Rhode Island." It's a scenic, rolling ride, with plenty of apple orchards and farmland.

May 28, 2012

***Memorial Day Show'n Go**

Monday 10:00 AM *Map No.* 111 *Arrower:*

Route

Directions

Drive Time

Description Repeat Westport Ride, map #111 (use arrows from May 13 ride)

June 3, 2012

Western Hills Ride

22/30/41/62/83

Sunday 10:00 AM *Map No.* 43 *Arrower:* T Shwartz/P Leviten

Route South County, East Greenwich, Foster, Scituate, Hope

Directions URI, Kingston, RI. Take the left exit off of I-95 S to Rt 4. Rt 4 eventually merges with Rt.1. Continue south on Rt 1 and turn right on Rt 138 WEST for about 4.5 miles, going through the light in Kingston. GO PAST the first entrance to the URI athletic parking (we've been asked not to park in that lot) - 1/10 mile past the electronic sign, turn right on West Independence Way (after a low red brick building and before the Hall of Fame]. Go around back of brick building to the parking lot by the soccer fields.

Drive Time 45 minutes from Providence

Description This ride is a rolling tour of southwestern RI starting from URI. The tour includes many villages, including Slocum, Exeter, West Greenwich, Green, Foster Center, Clayville, a spin by the Scituate Reservoir, Hope and Coventry Center. There are few food stops along the route, so carry plenty of water.

June 10, 2012

Dartmouth Fifty+

15/34/55 miles

Sunday 10:00 AM *Map No.* 65 *Arrows:* Mark St. Amour

Route North Dartmouth, Assonet, Westport

Directions Start at the Sears parking lot, North Dartmouth Mall, on Faunce Corner Road in North Dartmouth, MA. Take I-195 East to Exit 12 (Faunce Corner Rd, N Dartmouth). Bear right onto Faunce Corner Road. Turn right into the plaza at the third light (.8 mi). Park on the Right of the lot, as far away from the stores as possible.

Drive Time 50 minutes from Providence

Description This ride travels to Profile Rock and back over relatively flat terrain, exploring the rural areas between Fall River and New Bedford - a region of forest and farmland.
Formerly known as "Profile Rock Ride".

♥ Beginners will love these rides!

* Holiday Show'n Go

** Special Event