

NBW RIDE SCHEDULE

Last minute changes are announced via our website - nbwclub.org - and our email list - <http://groups.yahoo.com/group/nbwclub/>. Informal mid-week rides are also organized via the email list. In case of rain on Sundays, "show'n go" start (no starter, no maps) at 2 PM. "Show'n Go" ride repeats the following Saturday at the same time as first scheduled.

January 1, 2010

***New Year's Ride**

~15/25 miles miles

Friday 11:00 AM *Map No.* *Arrower:*
Route Little Compton
Directions Start at the marked area on Route 77 in Little Compton, RI. Take I-195 E to Rt 24 S in Fall River. Then take the Tiverton Main Street Exit (Rt 77) and head south (left off the exit) for about 8.5 miles until you reach the marked area (on the right).
Drive Time 45 minutes from Providence
Description A great ride to begin the new year. Join us for this annual NBW new year's ride in our favorite riding area -- courtesy of the LaFazia family, our wonderful hosts for over 30 years. Hot beverages after the ride. No map for this ride - cue sheets will be handed out at the start.

Move on later to Carleen McOsker's traditional pot-luck New Year's Open House at 75 Drift Rd, Westport, MA. Take Rt 88 to Old County Rd (east), then right on Drift Rd - grey house with brick garage, 1/4 mile on the right.

January 3, 2010

♥ Taunton Two Rock Ride

13/24 miles

Sunday 11:00 AM *Map No.* 104 *Arrower:* J Berry, M St Amour
Route Taunton, Berkeley, Assonet, North Dighton
Directions Start at Shaw's plaza at junction of Rt. 44 and Joseph E. Warner Blvd, Taunton -- traffic light at corner, McDonald's at entrance. From Providence, take Rt. 44 for ~15 miles; plaza is just as you enter the Taunton area, on right after light. If coming from Rt. 24, take exit 13B (Rt. 44) and follow Rt. 44 through Taunton -- plaza is about 2 miles after downtown Taunton, on left. Park behind bank so as not to block stores and McDonald's.
Drive Time 30 minutes from Providence
Description This ride goes past two notable rocks: Profile Rock, which (to some) looks like the profile of a Native American face, and Dighton Rock, which bears some unusual and mysterious inscriptions. This ride will repeat Jan 31.

January 10, 2010

♥ Jonnycake

15/25 miles

Sunday 11:00 AM *Map No.* 42 *Arrower:* John Satterlee
Route Kingston, Usquepaugh, Shannock
Directions URI, Kingston, RI. Take the left exit off of I-95 S to Rt 4. Rt 4 eventually merges with Rt.1. Continue south on Rt 1 and turn right on Rt 138 WEST for about 4.5 miles, going through the light in Kingston. GO PAST the first entrance to the URI athletic parking (we've been asked not to park in that lot) - 1/10 mile past the electronic sign, turn right on West Independence Way (after a low red brick building and before the Hall of Fame]. Go around back of brick building to the parking lot by the soccer fields.
Drive Time 45 minutes from Providence
Description This ride travels through the rural countryside of southern RI, following numerous back roads through farmlands, woods, towns, and turf farms. A good tourist stop is the Kenyon Grist Mill in Usquepaugh which grinds corn meal into jonnycake ("journycake") flour. Ride will repeat Feb 7.

January 17, 2010 ♥ **Dartmouth Ride #1** 18/27 miles

Sunday 11:00 AM *Map No.* 25 *Arrower:*

Route Dartmouth, Padanaram, Russells Mills

Directions Start at the Sears plaza, No Dartmouth Mall, Faunce Corner Road in North Dartmouth, MA. Take I-195 East to Exit 12. Bear right onto Faunce Corner Road. Turn right into the plaza at the third light.

Drive Time 50 minutes from Providence

Description This ride passes through broad stretches of farmland and salt marshes. You'll pass through the picturesque village of Padanaram on Apponagansett Bay, and on the long ride you can stop at the uncrowded beach at Demarest Lloyd Park. This ride will repeat Feb 14.

January 24, 2010 ♥ **Scituate Foster Coventry** 15/25/30 miles

Sunday 11:00 AM *Map No.* 87 *Arrower:* D Paiva, N Clavet

Route Scituate, Foster, Coventry

Directions Start from the Scituate High School, corner of Rockland and Trimtown Rds in Scituate. Take Rt 6 West from I 295. Stay to the left when Rt 6A forks off from Rt 6. You will go through the town of North Scituate, and then will pass the State police station on your right. Bear left onto Rockland Rd (also Scituate Rd) when it forks off from Rt 6. School is one mile up Rockland Rd, on the left.

Drive Time 20 minutes from Providence

Description This is a somewhat hilly but scenic ride that travels along winding, wooded roads. Each ride crosses a portion of the Scituate Reservoir. This route was designed by club member Mike DeStefano, the winner of our first design-a-ride contest, held back in 1989. This ride will repeat Feb 21.

January 31, 2010 ♥ **Taunton Two Rock Ride - REPEAT** 13/24 miles

Sunday 11:00 AM *Map No.* 104 *Arrower:* J Berry, M St Amour

Route Taunton, Berkeley, Assonet, North Dighton

Directions Start at Shaw's plaza at junction of Rt. 44 and Joseph E. Warner Blvd, Taunton -- traffic light at corner, McDonald's at entrance. From Providence, take Rt. 44 for ~15 miles; plaza is just as you enter the Taunton area, on right after light. If coming from Rt. 24, take exit 13B (Rt. 44) and follow Rt. 44 through Taunton -- plaza is about 2 miles after downtown Taunton, on left. Park behind bank so as not to block stores and McDonald's.

Drive Time 30 minutes from Providence

Description This ride goes past two notable rocks: Profile Rock, which (to some) looks like the profile of a Native American face, and Dighton Rock, which bears some unusual and mysterious inscriptions. This is a repeat of the Jan 3 ride.

February 7, 2010 ♥ **Jonnycake - REPEAT** 15/25 miles

Sunday 11:00 AM *Map No.* 42 *Arrower:* John Satterlee

Route Kingston, Usquepaugh, Shannock

Directions URI, Kingston, RI. Take the left exit off of I-95 S to Rt 4. Rt 4 eventually merges with Rt.1. Continue south on Rt 1 and turn right on Rt 138 WEST for about 4.5 miles, going through the light in Kingston. GO PAST the first entrance to the URI athletic parking (we've been asked not to park in that lot) - 1/10 mile past the electronic sign, turn right on West Independence Way (after a low red brick building and before the Hall of Fame]. Go around back of brick building to the parking lot by the soccer fields.

Drive Time 45 minutes from Providence

Description This ride travels through the rural countryside of southern RI, following numerous back roads through farmlands, woods, towns, and turf farms. A good tourist stop is the Kenyon Grist Mill in Usquepaugh which grinds corn meal into jonnycake ("journeycake") flour. This is a repeat of the Jan 10 ride.

February 14, 2010 ♥ **Dartmouth Ride #1 - REPEAT** 18/27 miles

Sunday 11:00 AM *Map No.* 25 *Arrower:*

Route Dartmouth, Padanaram, Russells Mills

Directions Start at the Sears plaza, No Dartmouth Mall, Faunce Corner Road in North Dartmouth, MA. Take I-195 East to Exit 12. Bear right onto Faunce Corner Road. Turn right into the plaza at the third light.

Drive Time 50 minutes from Providence

Description This ride passes through broad stretches of farmland and salt marshes. You'll pass through the picturesque village of Padanaram on Apponagansett Bay, and on the long ride you can stop at the uncrowded beach at Demarest Lloyd Park. This is a repeat of the Jan 17 ride.

February 21, 2010 **Scituate Foster Coventry - REPEAT** 15/25/30 miles

Sunday 11:00 AM *Map No.* 87 *Arrower:* D Paiva, N Clavet

Route Scituate, Foster, Coventry

Directions Start from the Scituate High School, corner of Rockland and Trimtown Rds in Scituate. Take Rt 6 West from I 295. Stay to the left when Rt 6A forks off from Rt 6. You will go through the town of North Scituate, and then will pass the State police station on your right. Bear left onto Rockland Rd (also Scituate Rd) when it forks off from Rt 6. School is one mile up Rockland Rd on the left.

Drive Time 20 minutes from Providence

Description This is a somewhat hilly but scenic ride that travels along winding, wooded roads. Each ride crosses a portion of the Scituate Reservoir. This route was designed by club member Mike DeStefano, the winner of our first design-a-ride contest, held back in 1989. This is a repeat of the Jan 24 ride.

February 28, 2010 **Walpole Dover** 15/28 miles

Sunday 11:00 AM *Map No.* 109 *Arrower:* Monica Foulkes

Route Walpole, Medfield, Millis, Sherborn, Dover, MA

Directions Start from the Municipal Parking Lot, off Rt. 27, Walpole, MA. From the south, take Rt. 95 N to exit 9 (Rts 1 & 27, Walpole exit). Bear right off the exit onto Rt. 1N for 1.1 mi. Go Left at the light onto Rt. 27. Stay on Rt.27 for 1.7 mi until approaching the junction with Rt 1A in Walpole. Just before that light take a Left on an unnamed street (there's a "Public Parking" sign at the turn). You'll see the parking area on the right (behind the shops on Rt.1A and behind the Fire Station).

Drive Time 40 minutes from Providence

Description Lovely ride around small towns and farms south and west of Boston, crossing the Charles River a couple of times on surprisingly rural roads. Ponds, marshes, lots of horses and a few cows to be seen. Expect a few hills but nothing major. At this time of year watch out for potholes on these little roads in the Charles River watershed area.

March 7, 2010 ♥ **Narragansett Saunderstown** 19/30 miles

Sunday 11:00 AM *Map No.* 82 *Arrower:*

Route Narragansett, Saunderstown, Kingston

Directions Start at Salt Pond Shopping Center in Narragansett, RI. Take I-95 S to Rt 4 S (left exit) to Rt 1 S. Take Rt 108 S exit. Bear right at end of ramp; shopping center is just ahead on right. Please park in the Stop & Shop parking lot, away from stores.

Drive Time 35 minutes from Providence

Description This ride explores the midpoint of Rhode Island's southern coast and marshlands, passing close to Gilbert Stuart's birthplace. A highlight of the ride is pedaling beneath the Standford White's twin towers in Narragansett. Optional loop adds 4 miles around Bonnet Shores. Caution in traffic on Rt. 1A.

March 14, 2010 **Westport Dartmouth** 21/32 miles miles

Sunday 11:00 AM *Map No.* 112 *Arrower:* Kevin Mitchell

Route Westport, Dartmouth

Directions Start at Westport High School, Main Rd, Westport, MA. Take I-195 E through Fall River to Rt 88 South (Exit 10). Head south on Rt 88 for about 4 miles to Old County Road (2nd traffic light). Turn right, then left onto Main Rd. High school is on the right - park in the lot at the far end of the school (as you face the school, it's the one on the left).

Drive Time

Description A quiet, flat winter ride through woodlands and marshes and quaint villages.

March 21, 2010 **EP Cycle/Spring Opener** 14/18/31/43 miles

Sunday 10:00 AM *Map No.* 28 *Arrower:* Jim Berry

Route East Providence, Seekonk, Rehoboth

Directions Start at East Providence Cycle, 414 Warren Ave (Rt 6) in East Providence, RI. Please park on Rt 6 or adjacent side streets, but do not block driveways or roads. Plan to arrive at start early to allow time to find parking.

Drive Time 5 minutes from Providence

Description This ride traditionally kicks off our Spring riding season. Enjoy an easy, scenic ride out of the city into rich farmlands. Short ride passes Shad Factory Dam. The 40 mile extension may not be arrowed if the weather turns nasty for the arrower (March can be "iffy" for 40 mile rides!).

After the ride, East Providence Cycle invites everyone to their Annual Bike Show to view the latest in bikes, accessories, and clothing. Some manufacturers' reps will be on hand. Refreshments too! Get those bikes out now and see you there.

NOTE: RIDE START TIME IS 10:00 AM ! We leave our winter schedule behind and revert to our usual 10 AM start time with this ride - don't be late!

March 28, 2010 ♥ **Lakeville Tour** 15/25/40 miles

Sunday 10:00 AM *Map No.* 47 *Arrower:* Mike Miller

Route Lakeville, Freetown, Acushnet, Rochester

Directions Start at Assawompset School, Rt. 105, Lakeville, MA. Take Rt. 44 E to Middleboro rotary, take a right on Rt. 18 for 4 miles to the traffic light at intersection of Rt. 18 and Rt. 105. Turn left, and the school is just ahead on your right.

Drive Time 40 minutes from Providence

Description Flat, easy ride along the cluster of ponds in the area between New Bedford and Middleboro. This ride is known for its cranberry bogs and lack of hills.

April 4, 2010 **Westerly Ride** 24/36/48 miles

Sunday 10:00 AM *Map No.* 113 *Arrower:*

Route Westerly, Watch Hill, Niantic, Bradford, Ashaway

Directions START: Car pool commuter lot in Ashaway. Take Rt 95 S to exit 1 (intersection of Rts 3 and 95; 37 mi south of Providence). Take Exit 1 then turn Left on Rt 3 North. The commuter parking lot is on the right.

Drive Time 40 minutes from Providence

Description Along the southwest shores of RI are summer resort communities, colonial estates, and cove lined estuaries. Misquamicut Beach and Watch Hill have several fine Victorian hotels, the 1871 carousel and Coast Guard Station with lighthouse. Our thanks to Tina Hopkins for extending this ride.

♥ Beginners will love these rides!

* Holiday Show'n Go

** Special Event