

**NARRAGANSETT BAY WHEELMEN # 129**  
**DIAMOND HILL RIDE #1 16, 32 & 50 mile rides 1 of 2**  
**CUMBERLAND - WRENTHAM - FRANKLIN - NORFOLK**

**START:** DIAMOND HILL STATE PARK  
 Rt. 114, CUMBERLAND, RI  
 (former SKI AREA)

16 miles: right onto Rt. 140 from Cottage St. in Franklin  
 32 miles; BEAR LEFT AFTER RT. 140 IN FRANKLIN  
 50 miles: Left on Fruit from Holbrook

**SCENIC NOTES**

Unlike ride #2 from Diamond Hill, we will head north from the park along the route, we will pass farms & cottages of this suburban area south of metropolitan Boston & north of the Attleboros. Just past Franklin center is Dean Jr. College. note the structure of the various campus buildings. The long ride heads north into Norfolk, noted for the Massachusetts State Prison. Smooth runs abound on the way back to the park. Enjoy the finish along the Diamond Hill Reservoir. The fifty miler crosses the Charles River and then heads into Medfield. This portion is an addition 18 mile loop which was developed by club member Peter Petrocelli.

**FOOD STOPS**

1. Grocery & snack bar in Franklin
2. Snack bar in Norfolk, deli-bar & free water
3. Downtown Medfield shops
4. Ice cram stop across from Diamond Hill Park

**INTERESTED IN JOINING THE NBW?**  
 Send a self-addressed, stamped envelope to:  
 NBW, PO Box 41177, Providence, RI 02940-1177  
 or check the NBW website: [www.nbwclub.org](http://www.nbwclub.org)  
 for an application.

**HELMETS ARE REQUIRED  
 TO PREVENT SERIOUS HEAD INJURIES**



