

**NARRAGANSETT BAY WHEELMEN #109 Rev. 2/08**

**WALPOLE-DOVER RIDE**

Walpole-Medfield-Millis-Sherborn-Dover-Westwood

15 - 28 miles

START: Municipal parking lot, rear of Rt 1A, Walpole (behind fire station).

15 miles: Right on Causeway St to Rt 109 in Medfield.

28 miles: Follow solid outline.

**INTERESTED IN JOINING NBW?**  
Send a self-addressed, stamped envelope to:  
NBW, PO Box 41177, Providence, RI 02940  
Or print the application from our website:  
nbwclub.org

**HELMETS ARE REQUIRED**

**SCENIC NOTES:**

Ride some of the last-remaining quiet, wooded roads in the outer suburbs of Boston, passing horse farms, ponds and old estates in Dover. Meander around the Charles River watershed area and cross the river twice. Food stops in Millis, Medfield and Dover. Some hills.

