

NARRAGANSETT BAY WHEELMEN #14

CENTRAL CAPE COD CENTURY (CCCC)

30 - 45 - 62 & 100 mile rides

START: Patriot Square Shopping Ctr.
Rt. 134, S. of exit 9
on Rt. 6, 23 miles past
Sagamore Bridge, DENNIS, MA.

30 miles: left onto Rt. 39 on Queen Anne.
Rejoin 40 miler at Rt. 28.

45 miles: left onto Frontage 0.6 miles past
Orleans Center.

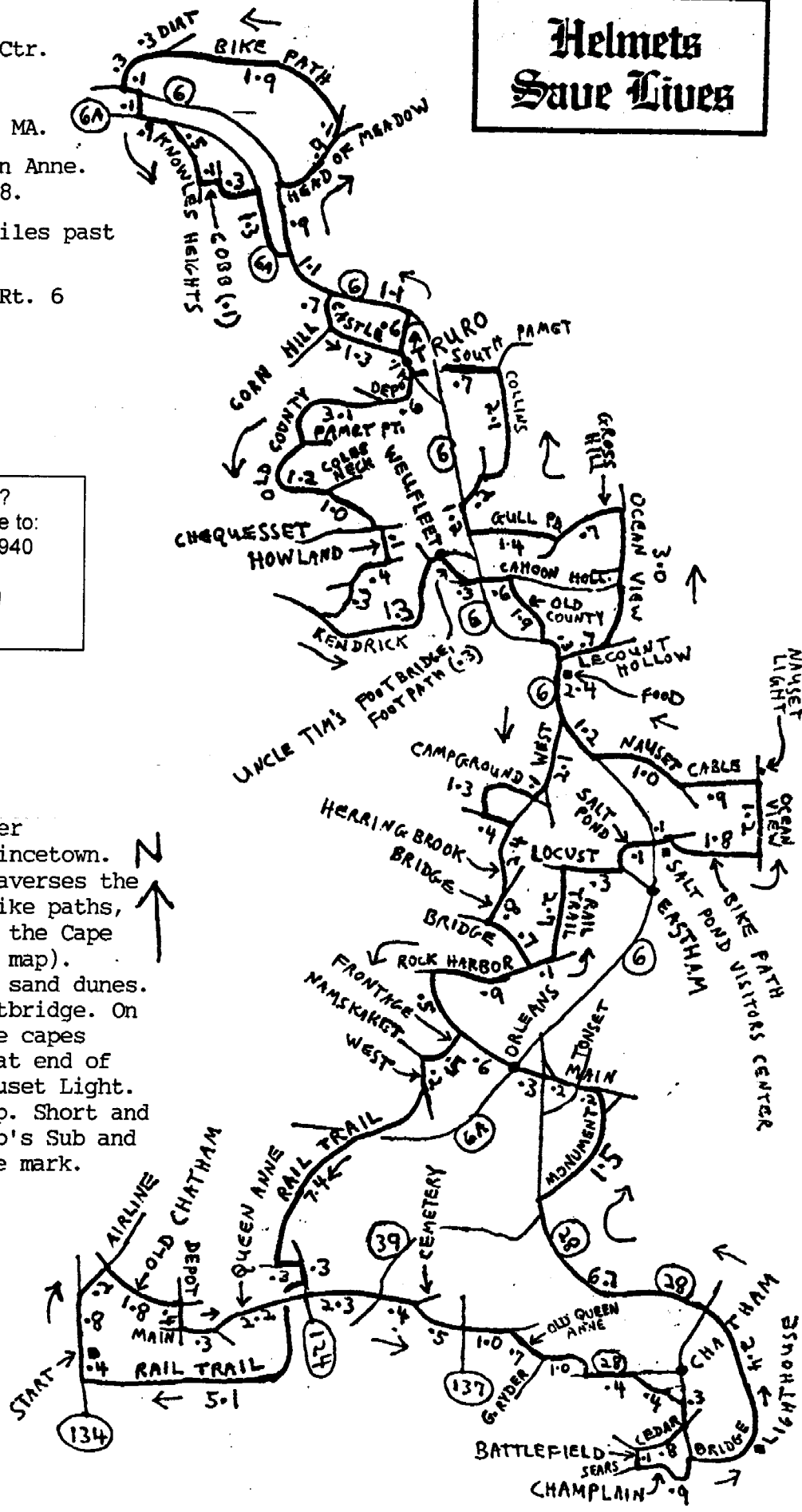
62 miles: left onto West St. from Rt. 6



INTERESTED IN JOINING THE NBW?
Send a stamped, self-addressed envelope to:
NBW, PO Box 41177, Providence, RI 02940
or
check our website: www.nbwclub.org
for an application

SCENIC NOTES

This exciting tour follows the outer portion of the cape almost to Provincetown. The ride heads towards Chatham, traverses the Cape Cod National seashore along bike paths, into Orleans and toward the end of the Cape along the meadow Bike Path (top of map). Truro offers great ocean views and sand dunes. Enjoy a walk along Uncle Tim's Footbridge. On the way back, the Rail Trail is the capes longest bike path. Best Views are at end of Lecount Hollow, Rock Harbor and Nauset Light. Food stops are indicated on the map. Short and long riders may look forward to Bob's Sub and Cone on Rt. 6 at the 35 and 75 mile mark.



REV 3/93